

<b>BAC</b>	<b>Approximate # of Drinks *</b>	<b>Effects of Alcohol</b>
.02%		LEGALLY INTOXICATED IN NEW HAMPSHIRE (Under 21 Years-old)
.03%	1 drink	No overt effects
		Slight feeling of muscle relaxation
		Slight mood elevation
		Under 21 drivers may have license suspended
.05%	1-2 drinks	Usually a feeling of well being
		Feeling of muscle relaxation
		Judgment impaired
		Coordination & level of alertness lowered
		Slight decrease in reaction time
		Increased risk of collision while driving
.08%	2-4 drinks	LEGALLY INTOXICATED IN NEW HAMPSHIRE (21 Years-old or Older)
.10%	3-5 drinks	Coordination and balance becoming difficult
		Reaction time significantly slowed
		Muscle control and speech impaired
		Limited night and side vision
		Loss of self-control
		Crash risk greatly increased
.14-.15%	5-7 drinks	Major impairment of mental & physical control
		Slurred speech, blurred vision
		Lack of motor skills
		Consistent and major decrease in reaction time
.15%		380 TIMES MORE LIKELY TO BE IN A FATAL CRASH THAN YOU ARE SOBER
.20%	7-10 drinks	Loss of equilibrium & technical skills
		Must have assistance in moving about
		Mental confusion
		Double vision & legal blindness 20/200
		Unfit to drive for up to 10 hours
.20%		BLACKOUT LIKELY TO OCCUR
.25-.30%	10-14 drinks	Staggering severe motor disturbances
		Severe intoxication
		Not aware of surroundings
		Minimum conscious control of mind and body
.30-.40%		EXTREMELY LIFE THREATENING! THIS IS THE SAME LEVEL AS SURGICAL ANESTHESIA. DEATH MAY OCCUR!
.40%	10-14 drinks	Unconsciousness-threshold of coma
		Lethal dosage for 50% of individuals
.45%		BAC DEATH WILL OCCUR IN MOST PEOPLE
.50%	14 to 20 drinks	Deep coma
.60%	18-20 drinks	Death from respiratory failure

\* BAC is dependent on many factors, including weight, gender, emotional and physical condition and health, and what you have recently ingested (including food, water, medications and other drugs). This information in this chart is a general estimate and should be used for informational purposes only.