

**EDUCATION**

- Franklin Pierce University, Portsmouth, NH Nov. 2015  
*Master of Science, Nursing Education, Summa Cum Laude*, GPA 3.97  
 Coursework in Nursing Leadership, Evidence-Based Practice and Nursing Research, Microsystems and Outcomes Management, Health Care Payment Systems, Inferential Statistics, Nursing Science in Practice, and Evaluating Learning and Assessing Competencies in Nursing
- St. Joseph School of Nursing, Nashua, NH Aug. 2013  
*Associate of Science, Nursing, Salutatorian*, GPA 3.57  
 Coursework and clinical experience: Acute Care Nursing, Adult and Family Health, Women's Health, Medical-Surgical, Maternity, Pediatrics, Long-Term Care, Oncology, Endoscopy, Home Health, Psychiatric Nursing, OR and PACU  
*Diploma, Practical Nursing, Valedictorian*, GPA 3.79 May 2012
- Recipient of the Mosher-Boardman Scholarship for academic achievement (highest GPA)
  - National Federation of Licensed Practical Nurses Honor Student Honor Society Achievement Award
  - Perfect Attendance Award
- Coursework and clinical experience: Adult and Family Health, Medical-Surgical, Dialysis, Endoscopy, Maternity, Pediatrics, Long-Term Care, Diabetes Management, Nursing Rehabilitation and Wound
- Franklin Pierce University, Rindge, NH Sept. 2008  
*Bachelor of Science, Marketing, Cum Laude*, GPA 3.29

**CERTIFICATIONS AND LICENSES**

- New Hampshire Active Compact Multi-State License #068706-21 Exp. 11/2016
- Advance Cardiac Life Support (ACLS) Certification
- Basic Arrhythmia Certification
- Basic Life Support (BLS) Certification
- NHHCA Resident Assessment Tool (RAT) Certification

**PROFESSIONAL AFFILIATIONS**

- Member, American Nurses Association
- Member, Association of Critical-Care Nurses

**PUBLICATIONS**

**CO-AUTHOR**

Jonathan Reisman, Narra Martineau, Allan Kairuki, Victor Mponzi, Amunga R. Meda, Kahabi G. Isangula, Erica Thomas, Marya Plotkin, Grace J. Chan, Leila Davids, Georgina Msemo, Mary Azayo, Brett D. Nelson. *Development and validation of a novel tool for assessing newborn resuscitation skills among birth attendants trained in 'Helping Babies Breathe.'* International Journal of Gynecology and Obstetrics. July 2015.

Brett D. Nelson, Maya Fehling, Margaret E. Tiernan, Zina Maan Jarrah, Saeed Albezreh, Narra Martineau, Abdulmohsen Alhokair, Michael J. VanRooyen. *Examining the needs of at-risk youth in the Middle East and North Africa: A multi-method landscape analysis and systematic literature review.* Harvard Humanitarian Initiative. Feb. 2015.

Essential Clinical Global Health Oct. 2013-Jan. 2013  
*A commissioned textbook by Wiley-Blackwell*

**EDITORIAL BOARD MEMBER**

- Reviewed and edited *Essential Clinical Global Health*, the first-ever clinical global health textbook for medical students, nursing students, and other clinicians interested in serving populations internationally in resource-limited settings

**EXPERIENCE**

Franklin Pierce University – Portsmouth, NH Feb. 2016-Present

**REGISTERED NURSE, CORONARY CARE**

- teach undergraduate RN to BS and MSN program courses in accordance with the schedule of classes and follow the approved course descriptions and syllabi established by the Nursing Faculty Curriculum Committee
- develop and design curriculum, update and revise course content and teaching methodology; maintaining familiarity with current texts, materials, teaching aids and techniques

**EXPERIENCE CONTINUED**

- post, observe and hold office hours for academic advising and student consultation; meet as needed by appointment; advise during the ongoing registration process; maintain general knowledge of degree requirements, programs and course transfer information
- actively participate in department, division and university-wide committees; in maintaining standards required for accreditation; participate in full regalia in official graduation ceremonies; attend other official functions
- maintain a program of personal and professional development; state-of-the-art knowledge and competence; maintain scholarship activities

Frisbie Memorial Hospital – Rochester, NH

Feb. 2015-Present

**REGISTERED NURSE, CORONARY CARE**

- Lead education and implementation of Nurse Bedside Shift Report on the Coronary Care Unit, focusing on the patient-centered care
- Coordinate and implement nursing care to acutely ill patients with cardiovascular ailments
- Work collaboratively with hospitalists, cardiologists, pulmonologists and other clinicians to achieve optimum patient care
- Collaborate care with interdisciplinary team of social works, rehabilitation therapy, dietary, respiratory and outpatient follow-up care
- Provide acute and close monitoring of adults with acute & chronic disease for arrhythmias, MI screening, anticoagulation therapy
- Prepare patients for TEE, echocardiogram and stress testing
- Interpret advanced ECG recordings, manage patients on various cardiac drips, and monitor patients with chest tubes and other drainage tubes
- Educate patients and families on life-style modifications, medications, procedures, and other pertinent information
- Effectively collaborate with physicians, nurses, and other team members in the admission and discharge process

**REGISTERED NURSE, RESOURCE TEAM**

Nov. 2014-Feb. 2015

- Demonstrated knowledge and skills to provide quality care based on the physical ability, intellectual development, psychosocial, education and safety needs of the patients of varying ages
- Assessed patient's condition based upon observation, examination, and/or interview, physician's diagnosis, laboratory findings, age-related issues and other pertinent information
- Identified and consistently recognized changes in normal and abnormal parameters in the patient's physiological, psychological, cultural, developmental and spiritual needs
- Implemented nursing interventions to achieve progress toward expected patient outcomes or to stabilize a patient's condition and/or prevent complications
- Provided and document patient (family) education based on diagnosis, treatment plan or prescribed medical regimen in accordance with patient (family) readiness and ability to learn
- Rendered professional nursing care including administering medications, starting intravenous fluids and blood products.
- Performed both complex and routine treatments as prescribed by physicians or as warranted by patient's condition

**REGISTERED NURSE, GERIATRIC PSYCHIATRY**

Dec. 2012-Nov. 2014

- Effectively implemented health promotion, and illness prevention responsibilities for the geriatric psychiatric patients requiring skilled nursing interventions in an inpatient setting
- Provided care to patients with complex, acute, or chronic psychiatric conditions and/or patients with cognitive impairments
- Assessed for the presence of suicidal/homicidal intentions and provide the appropriate level of observation
- Utilized the nursing process when assessing, planning, implementing, evaluating, and documenting nursing care provided
- Collaborated with the interdisciplinary team when planning and providing care to geriatric psychiatric patients and their families
- Performed all treatments and procedures as outlined in the Standards Manual and applicable regulatory and professional entities' guidelines, standards, protocols, and procedures within the scope of RN practice

**EXPERIENCE CONTINUED**

Massachusetts General Hospital – Boston, MA

Oct. 2013-Dec. 2014

**RESEARCH ASSISTANT**

*Division of Global Health and Human Rights*

- Worked directly with the Principal Investigator and assist with the newborn resuscitation training program, Helping Babies Breathe (HBB) in Tanzania
- Evaluated the impact HBB training program among health care providers throughout Tanzania
- Assessed the impact of the HBB training program on birth asphyxia-related perinatal mortality in Tanzania
- Measured changes in quality of care at targeted health facilities
- Identified essential training program needs: training, refresher training, supervision, and clinical mentoring

RiverWoods – Exeter NH

May 2013-Dec. 2013

**REGISTERED NURSE/LICENSED PRACTICAL NURSE**

- Managed and coordinated care of 15 - 25 residents per unit, on Skilled Nursing and Assisted Living Nursing units, at the 3 campuses
- Provided quality nursing care, obtain orders, administer and document medications and treatments
- Assessed and documented physical and mental status changes of residents
- Coordinated care of residents with interdisciplinary team members
- Complied with care protocols for fall prevention, safety, behavior management, skin integrity management and pain management
- Established and retain excellent rapport with: management, nursing staff, residents, families, and DPOAHs

Bentley Commons – Bedford, NH

Oct. 2013-Apr. 2013

**LICENSED PRACTICAL NURSE**

- Managed 80+ residents' health plans and supervised day-to-day nursing activities
- Provided quality nursing care services (medication administration, health assessments, monitoring of client health, safety intervention plans, and documenting individual care plans in accordance with all facility policies) to individuals with various assisted living needs related to illness and advanced age
- Processed admissions, transfers, and discharges effectively
- Maintained proper surveillance of medications and records for controlled drugs
- Contributed to all aspects of the program including; life skills training, community assessment and treatment

Great Bay Plastic Surgery – Portsmouth, NH

2008-2011

**ADMINISTRATE ASSISTANT**

- Managed new business development, successfully establishing, cultivating, and servicing a 200+ client base
- Successfully generated new patients on a daily basis, utilizing: referrals, leads, and industry research to significantly increase business
- Assisted physician in creating/conducting lectures and presentations regarding utilization of: cosmetic services/procedures, products, and alternative non-surgical therapies
- Worked directly with insurance agencies, negotiated surgical services prior-authorization and appeals
- Administered compliance with HIPAA and AMA Red Flags Rule regulations, consistently ensuring patient care confidentiality, security, and satisfaction
- Participated in hospital sponsored events to initiate, cultivate, and maintain optimum rapport with; staff, potential patients, and physicians
- Office management duties: opening/closing of practice, face-to-face interaction with patients, daily financial transactions, medical products management, performance trends analysis, creation and maintenance of medical records, managing phones, scheduling appointments and responding to patient and health-care administration inquiries

Chesco, Inc. – Keene, NH

2003-2013

**DIRECT CARE SPECIALIST**

- Provided quality direct care services (crisis intervention, monitoring of client health, safety issue compliance, and documenting individual care plans in accordance with all program policies) to individuals with various disabilities within the community as well as supporting their integration
- Contributed to all aspects of the program including; life skills training, community assessment and treatment
- Developed and maintained strong rapport with: management, participants, families, guardians, and other service agencies within the community

**EXPERIENCE CONTINUED**

New England Patriots – Foxboro, MA

2003-2006

**NEW ENGLAND PATRIOTS CHEERLEADER**

- Professionally represented and upheld the high standards of the New England Patriots organization
- Performed in NFL Super Bowls XXXVIII and XXXIX including all; promotional, charitable, and media events
- Played an active role in voluntary charitable/community events with persuasive enthusiasm
- Raised over \$5K total donations for the American Heart Association
- Communicated effectively to large and small groups during numerous promotional events
- Awarded for the achievement of completing the three year term limit

**VOLUNTEER EXPERIENCE**

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|---|--|
| • National Alliance on Mental Illness (NAMI) walk | • Texas Children's Hospital                      |
| • Journey Forward Walk                            | • Susan G. Komen Breast Cancer Foundation        |
| • Nashua Soup Kitchen                             | • Rhode Island "Station Night Club Fire" Benefit |
| • Paul Newman's Hole in the Wall Gang Camp        | • NFL Hometown Huddle youth day program          |
|   | • Big Brothers Big Sisters                       |